

**WINCHESTER BRANCH NEWSLETTER
SUMMER 2021**

Hello to you all, I do hope you have enjoyed the summer despite the changeable weather, and made the most of the added freedom.

Ongoing activities are:

Speech Therapy on the first Tuesday of the month at 11:30 am via Zoom. Please let me know if you are interested.

Alexander Technique, the next session will be October 20th, Tubbs Hall, Kings Worthy at 2pm. (September has been cancelled as Jackie is getting married.)

PD Warrior continues via zoom, please contact the Hobbs Centre on 01962 779796 or www.hobbsrehabilitation.co.uk

Physiotherapy in your own home, is available at a cost of £10:00 per session to you; the rest is paid by the Winchester Branch. If you wish to be put on the list, please let me know.

The New Pinder Hydrotherapy Pool is now open at the new Sport and Leisure Centre, Bar End, Winchester. If interested please contact Sarah Wratten. sarahwratten@hotmail.com

We intend to re-start the regular Parkinson's Winchester Branch meetings in the Tubbs Hall, Kings Worthy SO23 7PJ. The first following the lockdowns is scheduled for Tuesday October 26th at 2pm. Please let me know if you wish to attend as we will need to know numbers so we can see if it is yet viable to resume these meetings. Thank you for your understanding.

Looking further forward are also hoping to organise a Christmas lunch.

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